

# Selected Reflections From the 8th Grade Students at Wissahickon Charter School

This expedition was challenging perpetual, strenuous, tiring, difficult, and lonesome. Somehow we prospered, none-the-less. To spend five days in an isolated area of the Appalachian Trail, carrying a commodious 30-pound pack across great distances uphill is hard work.

I endured excruciating pain and constantly missed my mom. Being a picky eater posed as a formidable obstacle, having to eat such strange foods and food combinations. But Eric and Susan (our instructors) didn't let us quit. They were a gental hand that guided us in the right path. They were compassionate, caring, and understanding. Thank you for this experience, Kate Svitek Memorial Foundation.

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I think the Outward Bound trip was a good experience in my life because I learned about a lot of different things. For example, putting up a tarp, hanging the food up in a tree so the bears wouldn't eat it, and dealing with good problems. Now I know how to survive out in the woods and know the right things to do when I am in trouble. I learned a lot about myself and my friends on this trip. I saw a lot of good leadership on this trip and in myself.

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Outward Bound was an important experience in my life because of the different skills I learned on this trip. One of the skills I learned was leadership. I learned how to use a compass and read a map. People depended on us to know where to go because you were the leader of the day. Another skill I learned was to cook with stove. We had to work together with different people. We learned how to purify water and how to deal with people for five days. This trip really challenged me and helped me have a new experience.

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I think being on the Outward Bound trip was a very exciting experience in my life because I've never been on a trip like it before. I was scared, cold, very miserable and also very mad. But I learned how to live outside without electricity and my hand-held objects. There were times I wanted to go home because I was missing my family. I started getting along with people I never used to really talk to. I think hiking with backpacks was hard, but I learned a lot on an Outward Bound trip. I will never forget this trip.

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Going on the camping trip was a wonderful experience. It allowed me to communicate with others on an advanced level and learn a lot about my peers. I learned a lot of things about myself also. For example, I am a little impatient, but I am a wonderful leader. I also learned that by working together, things could get done faster. I liked the trip. It was a great learning experience, but it was challenging.

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The trip was very challenging, but I learned a lot from it. I didn't know that I could live in the wilderness for a whole week, but I did it. I didn't think I would be able to live without my parents for a week, but I did it. I probably wouldn't do Outward Bound again, but I will take the things I learned and use them in my everyday life.

